

# Pediatric Adolescence

## Professional Psychology

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## Personal History

### Children and Adolescents

Client's name: \_\_\_\_\_ Date: \_\_\_\_\_

Gender: \_\_\_F \_\_\_M Date of birth: \_\_\_Age: \_\_\_\_\_ Grade in school: \_\_\_\_\_

Form completed by (if someone other than client): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (home): \_\_\_\_\_ (work): \_\_\_\_\_ Ext: \_\_\_\_\_

**If you need any more space for any of the following questions please use the back of the sheet.**

Primary reason(s) for seeking services:

\_\_\_\_\_

List major problems in daily life functioning (e.g., school failure, lack of friends, poor relationships with parents, self-esteem)

Home: \_\_\_\_\_

School: \_\_\_\_\_

Peers: \_\_\_\_\_

Others: \_\_\_\_\_

### **Family History**

#### **Parents**

With whom does the child live at this time? \_\_\_\_\_

Are parent's divorced or separated? \_\_\_\_\_ If

Yes, who has legal custody? \_\_\_\_\_

Is there any significant information about the parents' relationship or treatment toward the child which might be beneficial in counseling? Yes No

If Yes, describe: \_\_\_\_\_

#### **Client's Mother**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Occupation: \_\_\_\_\_ FT \_\_\_ PT Where

employed: \_\_\_\_\_ Work phone: \_\_\_\_\_

Is the child currently living with mother? \_\_\_Yes \_\_\_No

\_\_\_Natural parent \_\_\_Step-parent \_\_\_Adoptive parent \_\_\_Foster home \_\_\_Other (specify): \_\_\_\_\_

Is there anything notable, unusual or stressful about the child's relationship with the mother?

Yes  No If Yes, please explain: \_\_\_\_\_

Describe overall relationship with mother? \_\_\_\_\_

**Client's Father**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Occupation: \_\_\_\_\_ FT \_\_\_\_\_ PT Where employed: \_\_\_\_\_ Work phone: \_\_\_\_\_

Father's education: \_\_\_\_\_ Is

the child currently living with father?  Yes  No

Natural parent  Step-parent  Adoptive parent  Foster home  Other (specify): \_\_\_\_\_

Is there anything notable, unusual or stressful about the child's relationship with the father?

Yes  No If Yes, please explain: \_\_\_\_\_

Describe overall relationship with Father? \_\_\_\_\_

**Client's Siblings and Others Who Live in the Household**

Names of Siblings	Age	Gender		Lives		Quality of relationship with the client		
		F	M	home	away	poor	average	good
_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Any other individuals living in the household:

\_\_\_\_\_

**Developmental History**

**Infancy/Toddlerhood** Check all which apply:

- Breast fed  Milk allergies  Vomiting  Diarrhea
- Bottle fed  Rashes  Colic  Constipation
- Not cuddly  Cried often  Rarely cried  Overactive
- Resisted solid food  Trouble sleeping  Irritable when awakened  Lethargic

Please describe if there were any areas that at your child was delayed developmentally: Cognitive Delays (learning), Motor Delays, Social, Emotional, and Behavioral Delays, Speech Delays \_\_\_\_\_

\_\_\_\_\_

Compared with others in the family, child's development was:  slow  average  fast

**Education**

Current school: \_\_\_\_\_ School phone number: \_\_\_\_\_

Grade: \_\_\_\_\_

Rebbe: \_\_\_\_\_

Teachers and subjects: \_\_\_\_\_

Special Support in school (special education, P3, resource room) ? \_\_\_\_\_ Yes

No If Yes, describe: \_\_\_\_\_

Intelligence and Achievement Testing

Has your child ever been tested for intelligence, achievement, learning problems or psychological evaluations? \_\_\_\_\_

If Yes, what type of evaluation, date of evaluation, and name of evaluator:

What was the purpose of the assessment and what were the results (e.g. for special education placement)?

Any diagnosed learning disabilities or disorders:  Yes  No

If Yes, describe: \_\_\_\_\_

***If child has been tested, please share a copy of reports to Dr. Stern***

Therapists (Ot, PT, Speech, P3, counseling)?  Yes  No

If Yes, describe: \_\_\_\_\_

Which subjects does the child enjoy in school? \_\_\_\_\_

Which subjects does the child dislike in school? \_\_\_\_\_

What grades does the child usually receive in school? \_\_\_\_\_

Have there been any recent changes in the child's grades?  Yes  No

If Yes, describe: \_\_\_\_\_

Check the descriptions which specifically relate to your child.

**Feelings about School Work:**

Anxious                       Passive                       Enthusiastic                       Fearful  
 Eager                       No expression                       Bored                       Rebellious  
 Other (describe): \_\_\_\_\_

**Approach to School Work:**

Organized                       Industrious                       Responsible                       Interested  
 Self-directed                       No initiative                       Refuses                       Does only what is expected  
 Sloppy                       Disorganized                       Cooperative                       Doesn't complete assignments  
 Other (describe): \_\_\_\_\_

**Performance in School (Parent's Opinion):**

Satisfactory                       Underachiever                       Overachiever  
 Other (describe): \_\_\_\_\_

**Child's Peer Relationships:**

Spontaneous                       Follower                       Leader                       Difficulty making friends  
 Makes friends easily                       Long-time friends  Shares easily  
 Other (describe): \_\_\_\_\_

Who handles responsibility for your child in the following areas?

School:                      Mother  Father  Shared  Other (specify): \_\_\_\_\_

Health:                      Mother  Father  Shared  Other (specify): \_\_\_\_\_

Problem behavior: Mother  Father  Shared  Other (specify): \_\_\_\_\_

**Leisure/Recreational**

Describe special areas of interest or hobbies (e.g., art, books, crafts, physical fitness, sports, outdoor activities, church activities, walking, exercising, diet/health, hunting, fishing, bowling,

school activities, scouts, etc.)

Activities:

How often now? \_\_\_\_\_

How often in the past? \_\_\_\_\_

**Medical/Physical Health**

Current prescribed medications and dose: \_\_\_\_\_

Name of Doctor: \_\_\_\_\_

Type of Doctor: \_\_\_\_\_

Purpose of Medication: \_\_\_\_\_

How often Taken: \_\_\_\_\_

Start Date: \_\_\_\_\_

Side effects: \_\_\_\_\_

Any other history of prescribed medications (name of medication, dosage, and dates taken):

\_\_\_\_\_

**Counseling/Prior Treatment History**

Information about child/adolescent (past and present):

	Yes	No	When	Where	Reaction or overall experience
Counseling/Psychiatric treatment	_____	_____	_____	_____	_____
Suicidal thoughts/attempts	_____	_____	_____	_____	_____
Drug/alcohol treatment	_____	_____	_____	_____	_____
Hospitalizations	_____	_____	_____	_____	_____

Chemical Use History

Does the child/adolescent use or have a problem with alcohol or drugs? \_\_\_Yes \_\_\_No

If Yes, describe: \_\_\_\_\_

Any other important

\_\_\_\_\_  
\_\_\_\_\_